

[Date of submission]

Prof. Antoni Torres
Editor-in-Chief
Medical Sciences

Dear Editor:

I wish to submit an Article for publication in *Medical Sciences*, titled “Patterns, Types, and Outcomes of Head Injury in Aseer Region, Kingdom of Saudi Arabia.” The paper was coauthored by [redacted].

Head injuries remain a leading cause of loss of life and function among young adults. High numbers of head injuries have been previously reported in the Kingdom of Saudi Arabia, but regional data are lacking. In this retrospective cross-sectional study, we examined the causes of injury and epidemiological characteristics and outcomes of 353 patients with head injury treated in Aseer Central Hospital (ACH); according to the Ministry of Interior, Aseer region reports some of the highest numbers of car accidents, which are a leading cause of head injury. Data were collected from patient files and the registrar’s database of ACH, and we included all patients with head injury admitted to ACH during the study period. Motor vehicle accidents were the leading cause of brain/head injuries (accounting for 89.3% of the total), despite the implementations of new speeding rules. Although most patients recovered, 2.5% died, 22.3% underwent surgery, and 34% were placed in rehabilitation centers.

We believe that our study makes a significant contribution to the literature because, to our knowledge, this is the first study in Aseer region to shed light on the burden of head injury, examine short-term head-injury outcomes, and address the fact that new traffic regulations may not suffice and to report that Aseer region should introduce more measures to decrease the numbers of accidents leading to head injuries.

Further, we believe that this paper will be of interest to the readership of your journal because we provided data that can be used as future reference; as new regulations forbidding cell phone use while driving and requiring seat belts to be worn are expected to markedly affect these numbers going forward, it will be interesting to assess the success of the new measures in a future study.

This manuscript has not been published or presented elsewhere in part or in entirety and is not under consideration by another journal. We have read and understood your journal’s policies, and we believe that neither the manuscript nor the study violates any of these. There are no conflicts of interest to declare.

Thank you for your consideration. I look forward to hearing from you.

Sincerely,
[Author’s name]
[Affiliation]
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Commented [A1]: Please add the date of submission. Moreover, please mention if part of this study has been presented in a conference.

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